

VCCL Results - parkrun 2018

Race 8

Saturday, 2 June, 2018

5km

Inverloch or other parkrun

| Place | Name | # | Time | Spot | H'cap | C/Adj | N/Time | Margin | km | Rate |
|-------|-------------------|-----|-------|------|-------|-------|--------|--------|------|------|
| 1 | Irene James | 60 | 24:09 | 65 | 9:45 | 0:20 | 14:04 | 0:00 | 4:50 | |
| 2 | Natalie Densley | 338 | 20:22 | 36 | 5:25 | 0:40 | 14:17 | 0:13 | 4:04 | |
| 3 | Les Williams | 93 | 18:51 | 25 | 3:45 | 0:40 | 14:26 | 0:22 | 3:46 | |
| 4 | Joel Donnar | 232 | 16:23 | 8 | 1:15 | 0:40 | 14:28 | 0:24 | 3:17 | |
| 5 | Matt Grant | 231 | 17:08 | 14 | 2:10 | 0:30 | 14:28 | 0:24 | 3:26 | |
| 6 | Leon Brooks | 230 | 19:35 | 29 | 4:25 | 0:20 | 14:50 | 0:46 | 3:55 | |
| 7 | David Page | 310 | 18:11 | 19 | 2:55 | 0:20 | 14:56 | 0:52 | 3:38 | |
| 8 | Craig Harris | 343 | 18:47 | 21 | 3:10 | 0:40 | 14:57 | 0:53 | 3:45 | |
| 9 | Adina Morrow | 273 | 23:38 | 49 | 7:25 | 1:00 | 15:13 | 1:09 | 4:44 | |
| 10 | Marcus Boxall | 49 | 17:57 | 14 | 2:10 | 0:30 | 15:17 | 1:13 | 3:35 | |
| 11 | Sean Quilty | 26 | 17:13 | 10 | 1:30 | 0:20 | 15:23 | 1:19 | 3:27 | |
| 12 | Phillip O'Brien | 168 | 17:00 | 8 | 1:15 | 0:20 | 15:25 | 1:21 | 3:24 | |
| 13 | Mark Andrews | 144 | 18:06 | 13 | 2:00 | 0:40 | 15:26 | 1:22 | 3:37 | |
| 14 | Tom Hecimovic | 159 | 20:14 | 27 | 4:05 | 0:40 | 15:29 | 1:25 | 4:03 | |
| 15 | Brigitte Humphrey | 275 | 19:06 | 23 | 3:30 | 0:00 | 15:36 | 1:32 | 3:49 | |
| 16 | Glenn Sullivan | 280 | 19:18 | 20 | 3:00 | 0:30 | 15:48 | 1:44 | 3:52 | |
| 17 | Heather Sullivan | 41 | 23:49 | 50 | 7:30 | 0:30 | 15:49 | 1:45 | 4:46 | |
| 18 | Russell Johnson | 30 | 22:07 | 36 | 5:25 | 0:30 | 16:12 | 2:08 | 4:25 | |
| 19 | Fiona Ely | 368 | 26:32 | 60 | 9:00 | 1:00 | 16:32 | 2:28 | 5:18 | |
| 20 | Ashley Snowden | 327 | 21:49 | 30 | 4:30 | 0:40 | 16:39 | 2:35 | 4:22 | |
| 21 | Wayne James | 119 | 21:47 | 29 | 4:25 | 0:20 | 17:02 | 2:58 | 4:21 | |
| 22 | John Mackay | 203 | 32:41 | 88 | 13:15 | 0:20 | 19:06 | 5:02 | 6:32 | |